

Explanation of the Suffering of Hell

In this hellish realm, the suffering of mind and body continues relentlessly due to greed, anger, and ignorance, the three poisons of Buddhist tradition.

These poisons are reflected in the real world by the suffering of constant hunger and disease caused by a lack of compassion and isolated selfishness, greed and stinginess. Famine, various diseases and epidemics exacerbated through ignorance. A painful life filled with ceaseless fear that the strong might devour the weak. A cycle of killing and being killed is a painful existence where the fear of the strong preying on the weak continues.-- The greedy desire to expand this struggle on Earth to other planets in space.

Through practice and enlightenment, it teaches two things to those who are not enlightened: One can escape from these three hells and break the cycle of reincarnation.

And that self made boundary and inner reflection helps us achieve salvation and liberation and to control our desires (greed, anger and ignorance) so that we do not create our own path to fall into the three realms.